



Your Global Link

Kinotakara



Take out Kinotakara and the plaster enclosed. Shake bag to get the content smoothly disposed



Place Kinotakara in the middle of the plaster. Make sure that the blank side with text is placed down to plaster.



Press it firmly to the underside of the foot. For best result, place it before you go to bed. Use socks to prevent the plaster from falling off while you are at sleep.



For best result: let Kinotakara work while you sleep for 8 to 12 hours before you remove it.

Kinotakara is easy to use. Take a foot bath before you attach pad and make sure to attach it well.

Place pad at night and as an advantage you can walk with them before you go to bed.

The used pads get dark consistency and often they have a bad smell. This will fade of gradually as body is cleaning.

When bags are relatively white (this can take 4-8 weeks) we recommend to continue to use Kinotakara under each foot sole once a week.

Kinotakara is safe to use for everyone over 8-9 years. But these should not use Kinotakara:

- pregnant and nurseing
- persons with transplated organs
- persons who use blood-diluted medicin (i.eg.Marevan etc.)

Information in this brochure may not be complete and K-Link Norway recommend you to contact the distributor stated below. He/She can give you more complementary information about use and effects of this product.

